

Still got pride.  
Still got passion.  
Still got purpose.

Still  
got  
it.

My name is Denise,  
and these are the SPARK  
Ambassador stories.

The individuals appearing in this piece were sponsored by Amneal Pharmaceuticals. Your experience and results may vary.

## INDICATION

RYTARY (carbidopa and levodopa) extended-release capsules is a prescription medication that contains a combination of carbidopa and levodopa for the treatment of Parkinson's disease, Parkinson's disease caused by infection or inflammation of the brain, or Parkinson's disease like symptoms that may result from carbon monoxide or manganese poisoning.

## IMPORTANT SAFETY INFORMATION

Do not take RYTARY with antidepressant medications known as nonselective monoamine oxidase (MAO) inhibitors because taking these two drugs within two weeks of each other can result in high blood pressure.

Please see additional Important Safety Information on adjacent pages and accompanying full Prescribing Information.

**RYTARY**  
(carbidopa and levodopa)  
EXTENDED-RELEASE CAPSULES  
23.75 mg/95 mg • 36.25 mg/145 mg  
48.75 mg/195 mg • 61.25 mg/245 mg

SPARK (Stories of Parkinson's)



## Real experiences with RYTARY

In life, change is inevitable—whether it's adjusting to a new home, a new routine, or even a new medication. And even if the change is your choice, that doesn't mean it's easy. But knowing others have been there before may help you feel more informed and prepared.

In this brochure, you'll meet three SPARK—or Stories of Parkinson's—Ambassadors. They are people with Parkinson's who want to share their experiences with RYTARY. We hope you're as moved by their stories as we are.

Let our ambassadors  
**SPARK** your story.

### IMPORTANT SAFETY INFORMATION (continued)

Taking RYTARY may result in falling asleep while engaged in normal activities, even without warning and as late as one year after starting RYTARY. This may affect your ability to drive or operate machinery. Do not do anything that requires alertness until you know how RYTARY affects you.

Tell your healthcare provider if you have any heart conditions, especially if you have had a heart attack or irregular heartbeats; if you experience hallucinations or abnormal thoughts and behaviors (such as excessive suspicion, believing things that are not real, confusion, agitation, aggressive behavior, and disorganized thinking), if you have intense urges to gamble, increased sexual urges, other intense urges, and the inability to control those urges; if abnormal involuntary movements appear or get worse during treatment with RYTARY; or if you have ever had a peptic ulcer or glaucoma.

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“ My doctor told me to hang in there. I’m glad I did because RYTARY works really well for me. ”

Individual results may vary.

Denise  
ON RYTARY  
SINCE 2016

### IMPORTANT SAFETY INFORMATION (continued)

The most common side effects that may occur with RYTARY include nausea, dizziness, headache, sleeplessness, abnormal dreams, dry mouth, abnormal involuntary movements, anxiety, constipation, vomiting, and low blood pressure upon rising.

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## Denise's Story

# Getting back on RYTARY for less "off" time

### Tell us about yourself.

I've always been the type of person who likes fixing things, figuratively speaking. To take a situation that's imperfect, or someone who's been struggling, and find options to make it better. It feels good that I'm able to give back.

### How did your journey with Parkinson's begin?

That day is burned in my memory. We were walking outside, looking at the trees. Louie turned to me and said, "How come you're dragging your leg and your foot?" I looked down and realized he was right. That was the real aha moment for me.

### What made you want to try RYTARY?

I was taking immediate-release carbidopa/levodopa. It worked fine for a while, but I couldn't count on how it was going to work that day, or with that dose. My doctor thought extended-release carbidopa/levodopa would work better for me.

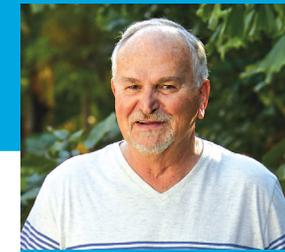
### How was your experience with RYTARY?

To be honest with you, my first experience with RYTARY wasn't great. I had side effects like nausea and headaches. But after some discussions with my doctor, we made the decision to try RYTARY again. This time I stuck with it, and I was happy with my results.

### What advice do you have for others?

You are not your disease. You are a unique individual who happens to have Parkinson's, and no one knows you as well as you know yourself. So let your voice be heard.

“Denise is a great person. She's loving, kind, and caring. On top of that, she's a great cook. The saying 'the fastest way to a man's heart is through his stomach,' may be old-fashioned, but it's still true!”



Louie  
DENISE'S  
HUSBAND

### IMPORTANT SAFETY INFORMATION (continued)

Some patients taking RYTARY have experienced suicidal thoughts or have attempted suicide. Tell your healthcare provider if you have thoughts of suicide or have attempted suicide.

Notify your healthcare provider if you become pregnant or intend to become pregnant during therapy or if you intend to breast-feed or are breast-feeding an infant.

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“ Because I have less ‘off’ time with RYTARY, I’m able to do more than I ever thought I could with my Parkinson’s diagnosis. ”

Daran  
ON RYTARY  
SINCE 2015

### IMPORTANT SAFETY INFORMATION (continued)

Talk to your healthcare provider before you lower the dose or stop taking RYTARY, as this may result in serious side effects. Call your healthcare provider immediately if you develop withdrawal symptoms such as fever, confusion, or severe muscle stiffness.

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## Daran's Story

# A successful start with RYTARY

### Tell us about yourself.

I was a dentist for 25 years. I loved making people smile. Fixing their smiles in a literal sense—but also just making them laugh.

### How did your journey with Parkinson's begin?

In 2011, things got serious for me. My left hand was shaky when I was working on a patient. I figured it was a one-time thing and that the next day I would be fine. I wasn't.

### What made you want to try RYTARY?

One day in 2015, I went for a routine checkup and complained that I was unhappy about having frequent "off" time. My doctor said, "There's a new medication that has recently been approved. I think you should try it. It's called RYTARY."

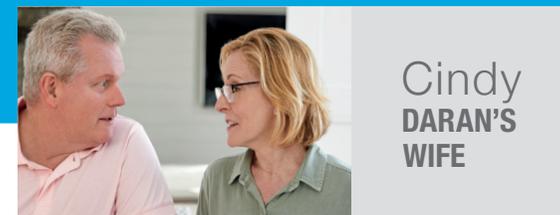
### How was your experience with RYTARY?

Finding the right dose can take time, but I was fortunate. My starting dose worked for me. Because I have less "off" time with RYTARY, I'm able to do more than I ever thought I could with my Parkinson's diagnosis.

### What advice do you have for others?

Each of us has a choice about how we will cope with this disease. Cindy and I have chosen to laugh in the face of Parkinson's. That approach has worked well for us. We hope you find what works for you.

“For as long as I've known Daran, he almost always keeps a smile on his face and chooses to find the humor in most things. He has a wonderful ability to keep people laughing no matter what!”



### IMPORTANT SAFETY INFORMATION (continued)

Take RYTARY as instructed. You may take RYTARY with or without food; however, taking RYTARY with food may decrease or delay its effect. For this reason, consider taking the first dose of the day about 1 to 2 hours before eating. Swallow RYTARY whole; do not chew, divide, or crush. If you have difficulty swallowing the capsule, twist apart both halves and sprinkle the entire contents of both halves of the capsule on a small amount of applesauce (1 to 2 tablespoons). Consume the mixture immediately. Do not store the drug/food mixture for future use.

Note: This information is intended to aid in the safe and effective use of RYTARY. It is not a disclosure of all possible adverse or intended effects. Tell your healthcare provider if you have any side effects while taking RYTARY. He or she can make adjustments that may reduce these effects.

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## IMPORTANT SAFETY INFORMATION (continued)

To report SUSPECTED ADVERSE REACTIONS, contact Amneal Specialty, a division of Amneal Pharmaceuticals LLC at 1-877-835-5472 or the FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

Please read the accompanying full Prescribing Information. For more information go to [RYTARY.com](http://RYTARY.com) and/or talk to your healthcare provider.

### STILL GOT QUESTIONS?

VISIT [RYTARY.COM](http://RYTARY.COM) OR TALK TO YOUR HEALTHCARE PROVIDER TO LEARN MORE



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