



# Tips for drafting an effective Medical necessity letter

A medical necessity letter may be required by a payer to grant patient access to certain prescription medications. In order to be effective, a medical necessity letter should convincingly explain the rationale for the clinician's prescribing decision. An effective letter should also include evidence supporting the reason(s) why only the prescribed medication and no other option on formulary is suitable for the patient.

**The following tips may be useful in drafting an effective medical necessity letter for RYTARY® (carbidopa and levodopa) extended-release capsules.**

TIP  
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## Avoid access denials

In order to help avoid access denials, keep the following tips in mind when drafting medical necessity letters:

- **Prior Authorization (PA):** Complete the payer's current PA form for RYTARY and follow the submission process; provide all information and supporting documentation that is required or recommended by the payer, which may include an accompanying letter that supports medical necessity and appropriate use
- **Step Therapy (ST):** Explain with supporting documentation when and how the patient has already met the payer's ST requirements (ie, tried and failed one or more generic and/or brand medications on formulary first) or the reasons why only RYTARY and no other generic or brand option in the ST requirements is appropriate and medically necessary for the patient
- **Plan or benefit exclusion:** Explain why only RYTARY and no other generic or brand option on formulary is suitable for the patient, and provide documentation to support medical necessity

TIP  
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## Write a detailed letter

Consider including the following:

- **Patient information:** Name, date of birth, insurance ID #, insurance group #, case ID #
- **Summary** of the patient's diagnosis and medical history; be sure to include the stage/severity of the patient's Parkinson's disease and any prior treatment history, if applicable
- **Reason(s)** why RYTARY and no other generic or brand option on formulary is suitable for the patient, and provide supporting documentation for medical necessity
- **Clinical rationale** for treatment plan (including clinical trial data that may be helpful)
- **A summary/conclusion** with your prescribing rationale

TIP  
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## Provide documentation

In addition to your clinical rationale and any documentation required by the payer, consider including the following if you feel it may be persuasive to support medical necessity:

- **Medical records or chart notes**
- **RYTARY [full Prescribing Information](#)**

**REMEMBER:** Incomplete or missing documentation is a common reason for denials.

